# Communal Intelligence and Diversity Consciousness

Presenter: Pierre Morin, he/him/his

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## **Need for collective input**



# Outline and questions I want to address

What does Communal Intelligence mean for:

- Individual personal development
- Work with the consumers/clients
- Teamwork
- Our work as part of organizations and systems

#### **Agent & Target Group Memberships**

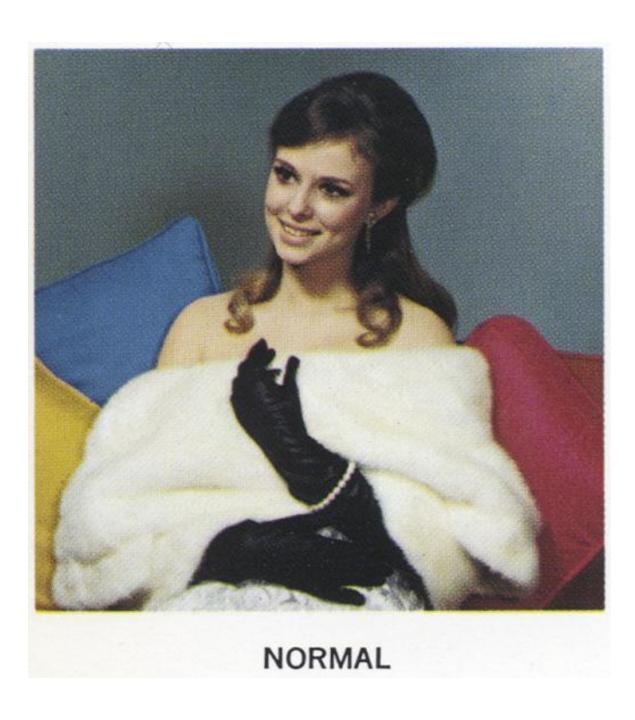


## My own diversity



and agent and target group memberships

# Meet Shirley



#### **Thesis**

 We need diversity consciousness and "communal intelligence" to develop trusting and sustainable relationships and liberate us from oppression.

 Institutional racism, segregation and lack of communal intelligence create social & health disparities and are the leading causes for premature death.

### Multiple intelligences

Emotional

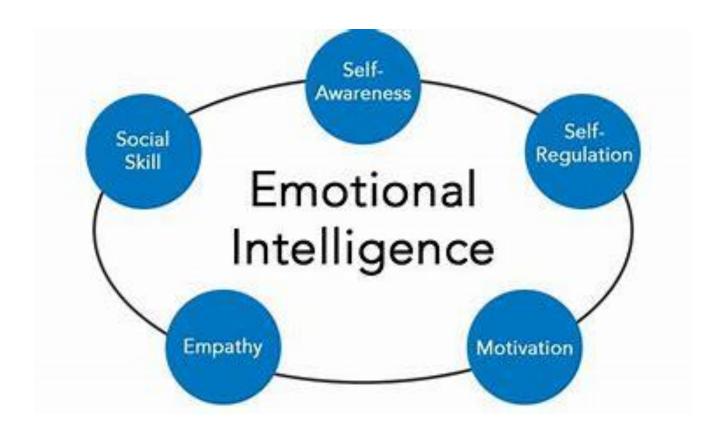
Social/Cultural

Interpersonal

Collective

### **Emotional Intelligence**

The ability to put oneself in someone else's shoes and process emotions and conflicts.



## **Empathy**

Cognitive

**Emotional** 

Compassionate

Knowing what the person feels, feeling physically along with the other person (mirror neurons), being moved to help

#### **Communal Intelligence**

#### **Emotional Intelligence plus:**

- Diversity
- Anti-oppression
- Intersectionality
- Rank and power
- Process awareness
- Taking the other side



**Rank and Centrality** 

**Margins** of Society

#### **Resilience Factors:**

Psychological & Spiritual

Rank

Sense of Coherence

& Meaning

Rank & Health Disparity
Social Suffering

**Center** of Power

#### Typical elements of power and rank

- Dispositional/personal
  - Social
    - Psychological
    - Spiritual or Transpersonal

Power

- Situational/contextual (Status)
- Systemic/structural
  - Social

# Signals of High and Low Rank

- Voice
- Eye Contact
- Distress Tolerance
- Self Esteem
- Anxiety
- ConflictManagement
- Defensiveness

High Low

Strong Low

Good Avoidant

Good Impaired

Good Impaired

**Absent Present** 

Good Impaired

Less More

# Social assignments that come with high rank & centrality in Portland?



#### Social rank

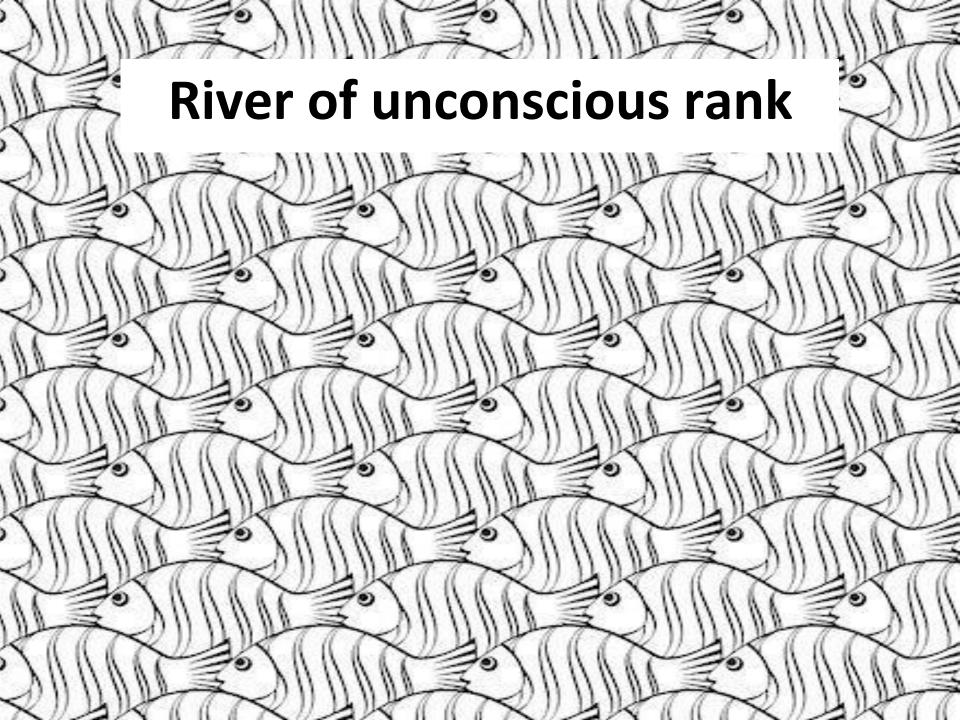
The system under which some of us are systematically valued more than others.



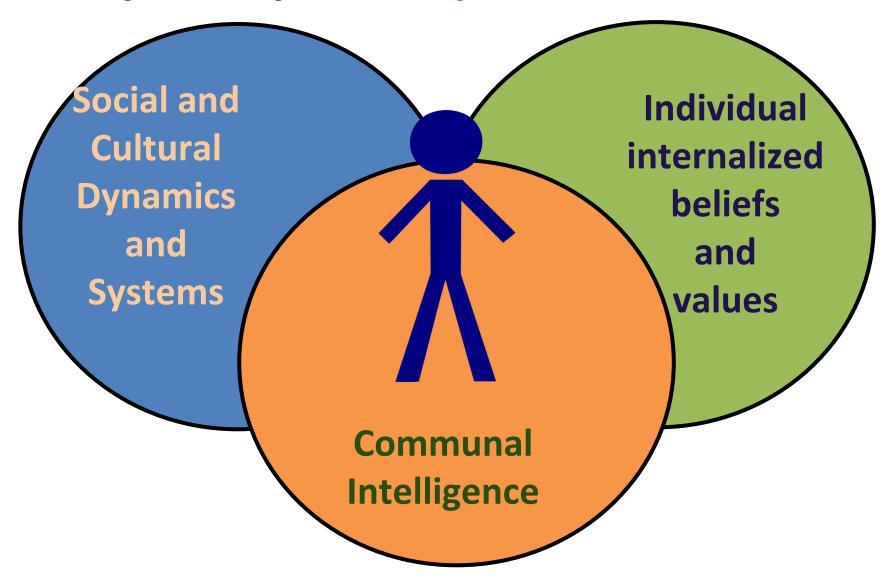
# My -ism; Your -ism







## Triple impact of power and rank



### Levels of impact of power & rank

- Institutions, organizations, social arrangements, policies, practices
- Interpersonal or relationships
- Internalized beliefs, values and ways we treat ourselves

#### Exercise in groups of 4

- Share a personal story that made you aware of your own diversity
- Share one family story that may contribute to some bias
- Share one area you feel you have low rank and one you feel you have high rank
- How does your rank impact your relationships in the workplace, at home etc.?

1: Let's enjoy: indifference or distancing.

4: Being an elder and ally: true inclusion.

CI Phases

2: Tension or conflict: incident and waking up.

3: Seeing the other side: awareness and advocacy.

#### Intersectionality

**Definition**: Overlapping or intersecting social identities and related systems of oppression, domination, or discrimination

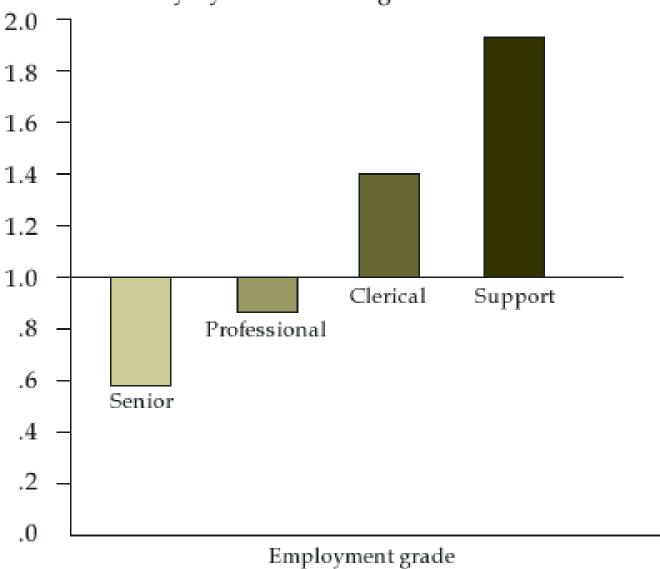


# Health Disparities:

Whitehall Study



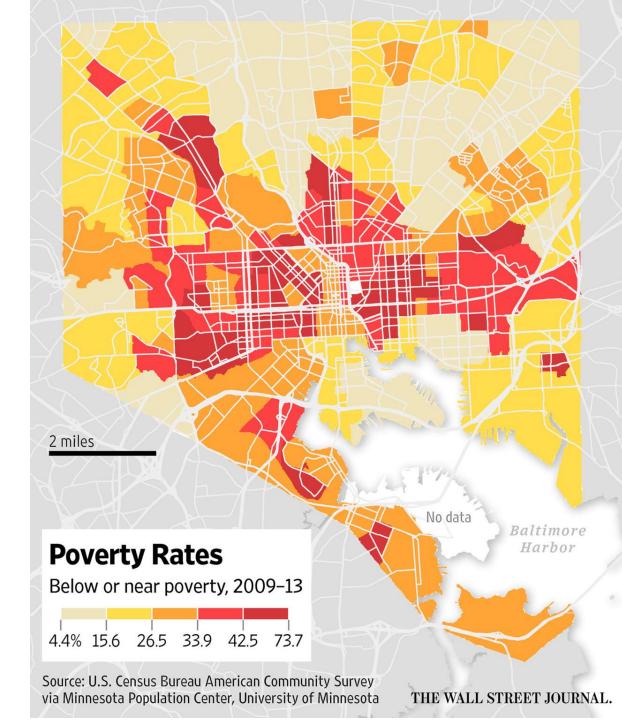
#### Mortality By Grade Among British Civil Servants



# **An Expanding Longevity Gap**



# Geographic Health Disparities/ Segregation



# Adverse Childhood Events (ACE) Adverse Community Experiences

Childhood abuse, neglect, trauma leads to poor health outcomes Community based trauma leads to poor health outcomes (Micro)aggressions through epigenetic pathways impair people's physiologies.

#### CI & Social Action

Personal development

Personal empowerment & resilience

Positive epigenetics

Social action & anti-oppression

Social entrepreneurship & change makers (Bill Drayton)

#### Communal intelligence skill set

#### Knowledge

#### **Awareness**





# What's in it for agent members?

 How have you been negatively impacted by systems of oppression, even when you're on the "benefitting" side?

 How would you benefit from the success of freedom/antioppression struggles or increase Communal Intelligence?

Internalized values/oppression



#### Resources

Leticia Nieto: **Beyond Inclusion, Beyond Empowerment**. Cuetzpalin Publishing, Olympia (WA), 2010/2014

Sridhar Venkatapuram: Health Justice. Polity Press, Cambridge, (UK), 2011

Andrew Solomon: Far From the Tree: Parents, Children and the Search for Identity. Scribner, New York (NY), 2012

Arnold Mindell: Sitting In The Fire: Large Group Transformation Using Conflict and Diversity. Deep Democracy Exchange, Florence (OR), 1995, 2014

Pierre Morin: **Health in Sickness, Sickness in Health.** Deep Democracy Exchange, Florence (OR), 2014